



EXECUTIVE COACH
INTERNATIONAL
LIVE YOUR MARK.



pathways of consciousness

Are you ready to see?



Evolve the way you evolve

Originating from Asia's Pioneer Master Coach,
and the only one of its kind in the self-development world,
POC tackles a singular key constraint that evolves the way you evolve.
Powerful and eye-opening, expect earth shattering discoveries
that will change your navigational systems.

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Step into multiple paradigms of consciousness.

Pathways of Consciousness (POC) is an advanced-level program which explores different routes to unlock the human potential and become more conscious about ourselves and the universe.

Beyond what you think you know exists many possibilities of an alternate understanding of our lives and universe.

Many people, including you, chase after intangible desires your whole life only to truly understand what it is, or is not, in a brief second. Joy, fulfilment, purpose, are some examples of what people work their whole lives to achieve.

Pathways of Consciousness requires a solid foundation in the basic areas of your life first before you are ready to open your mind up in exploring an alternate understanding of issues and topics often generalized by society. Visit what these could really mean instead, through advanced techniques in unravelling human consciousness.

Get ready to experience the world with different eyes.

Do you know?

POC is a program that occurs rarely in ECI and usually each theme is only conducted once and seldom repeated within the short-term or sometimes never. So, if there is a *POC* that you are interested in, do sign up immediately to avoid any disappointment!

Program Outline

POC is currently the most advanced consciousness-training program offered by ECI. It runs as a series with different themes and each program's topic and direction takes cue from our founder's latest insights and exploration in conscious work.

Previous themes and directions that our graduates have enjoyed exploring include *Rebirth*, *Dreamwork*, *Shamanism*, *Shadow*, *Empath* and *'Joy and Happiness'*. Each program is whole and complete on its own, with its unique flavor, activities and processes.

Exploratory in nature, *POC* takes on a more relaxing pace for you to fully savor the process. It is also the experiential and experimental bridge for advanced techniques in consciousness.

Depending on the nature of each *POC*, the program duration can range from 3 days to a week and may be held overseas.

Do check out our additional marketing materials for more details!

Who is this program for?

Pathways of Consciousness is the program for you if:

- You want to gain a more holistic understanding of yourself and the universe
- You want to access the next level in your personal evolution and consciousness
- You want to unlock your hidden potential and learn how to harness your abilities

Prerequisite

Participants need to have completed *The Courage to Create (TCC)* and *Principles of Seduction (POS)*. Depending on the topic of the POC program, POS as a prerequisite may be waived and would be indicated accordingly in the additional marketing materials.

Benefits to You

- Gain a new found experience of what 'Joy' really is beyond your current understanding
- Be able to experience life in moments, instead of stages or achievements
- Expand your realities and thus capacity of living - new 'eyes' to see the world from
- Acquire a deep connection to inner wisdom and flow of the world
- Gain creative perspectives and critical problem-solving abilities
- Have the ability to touch altered 'realities' - find solutions in a different world, where none was visible or plausible in the original one
- Be able to recreate environments that are truer, more fulfilling and harmonious to yourself

Our Program Leader

Pathways of Consciousness is personally led by our founder and the original creator of the program, Kelvin Lim.

Kelvin Lim, Advanced Program Leader

A professional coach since 1997, Kelvin has been a pioneer in the coaching field and has contributed significantly to the growth of the coaching industry in Asia. He received his certification as a Master Certified Coach in 2005, becoming the first person in South East Asia to receive the highest possible certification in the field of professional coaching.

As a highly sought-after coaching specialist, Kelvin has worked with over 5,000 individuals directly and 15,000 people indirectly from Europe, China and many Southeast Asian countries. Through his developmental and transformational coaching, ECI is able to showcase its professional and life coaching services to the Singapore public and the region.

As a program leader, Kelvin is known to be highly creative, emphatic, insightful and demanding of the best of you. The advanced programs are the rare occasions where you would get to be coached directly by Kelvin, as he focuses his efforts on grooming the leaders in the community and steering the next level of growth for the organization, coaching programs and community as a whole.

About Executive Coach International

“Executive Coach International (ECI) is a coaching organisation which focuses on transforming an individual’s potential into tangible results. Since 2004, our coaches have worked successfully with clients from all over the world, including professionals from China, India, Vietnam, Japan, Malaysia, Brunei, Germany, France, Slovakia, and US.

Our highly customised coaching and classes based on self-discovery have proven to be highly effective with over 95% of our clients graduating with positive changes and desired results.

In 2011, ECI joined the crème de la crème of coaching institutes worldwide. It became official with the ‘ACTP’ qualification received, recognising ECI worldwide as a coaching organisation with professional standards in training.”

Testimonials

“I stepped into *POC Shadow* not knowing what to expect. In the end, as the name of the program suggests, I met my shadow, the deep unconscious part of me which has always been lurking in the background, the part of me which I had disavowed. Since coming to terms with my shadow, I can live with it in consciousness. I am now able to manage it instead it having control on me. It was a difficult yet rewarding experience!”

- Lee Cheon Loon, Internal Auditor, on *POC Shadow*

“Since young, I have often had many dreams and nightmares which I could not comprehend. The nightmares drove fear into me and were often unpredictable in nature. Through *POC Dreamwork*, I realised dreams were interpretations of my true "self" and I learnt how to read the messages that are embedded within. With that, it opened up another channel for me to gain more self-awareness which helps me in my personal development. Imagine a 24/7 process!”

- Darren Poh, Final Year NTU Physics Undergraduate, on *POC DreamWork*

“People used to tell me that I always looked emotionless and *POC Empath* amazingly unlocked my ability to express my feelings so that I can communicate more effectively with people around me. The program allowed me to understand emotions to the finest details and its true beauty lies in the experiential training which allowed me to read emotions more accurately too!”

- Gary Ong, Final Year NTU Business Undergraduate, on *POC Empath*

“From the moment I could re-experience what my first cry was about, everything started falling into place. It became clearer where I came from, and where I am to go. Through this process, I gained clarity about my life purpose and calling, a deeper appreciation for my mum, and my body as a woman. The first thing I did when I got home from rebirthing was to hug my mum!”

- Su Ann, Published Writer, on *POC Rebirth*

“Taking *POC Shamanic* was a really fun and eye opening experience for me. I found my life purpose through journeying into the past and future. I got in touch with my elements and learnt to identify and understand the signs and symbols of the universe. It will be a wonderful experience for anyone who wants to communicate with the world.”

- Carol Pan, Business Owner, on *POC Shamanic*



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